

ABSTRACT OF THE DISCLOSURE

Apple French fries are provided for fast food and restaurant businesses to sell a unique product. Apples, preferably tart apples such as Granny Smith apples, are cleaned, peeled, cored, cut into French fry pieces of varying shapes (e.g., strips, wedges, cubes, rings or spirals), watered preferably by misting, coated thinly with a corn starch and rice flour, frozen, and then packaged in certain quantities, for delivery to businesses.